Better Data
Better Workflows
Better Decisions
Better Outcomes
Better Healthcare.





Managing Postpartum Hypertension with Rimidi's FHIR-Enabled Cardiometabolic Management Platform

Dr Lucienne Ide, MD, PhD CEO, Rimidi



### One Platform, Multiple Clinical Use-Cases

Disease States:

Diabetes

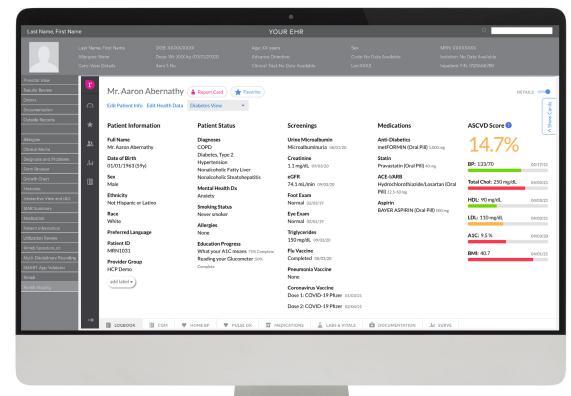
Cardiovascular

Heart Failure

Obesity

Fatty Liver Dz

Respiratory



Device Integrations:

Blood glucose meters

Continuous glucose monit

Blood pressure cuffs

Scales

Pulse Oximeters

Digital Inhalers





### One Platform, Multiple Clinical Use-Cases

Disease States:

Diabetes

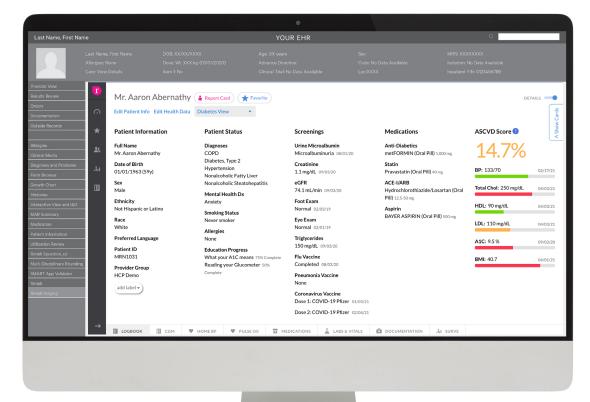
Cardiovascular

Heart Failure

Obesity

Fatty Liver Dz

Respiratory



Device Integrations:

Blood glucose meters

**CGMs** 

Blood pressure cuffs

Scales

Pulse Oximeters

Digital Inhalers





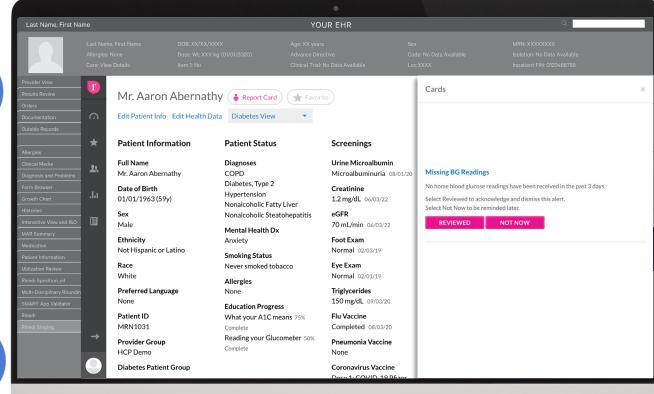
### Brining RPM Data and Disease Management to the EHR

Remote Physiologic Monitoring

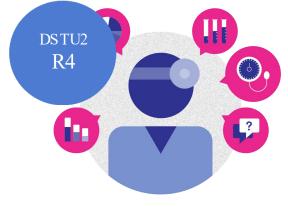


Patient Reported
Outcomes

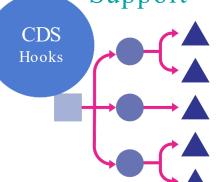




Aggregation & EHR Integration



Clinical Decision
Support



### EHR Integration Drives Workflow Efficiency

#### **EHR** solutions











### SMART on FHIR application





- Rapid Implementation
- Single Sign-On (SSO)
- Data Exchange
- Embedded User Experience



### Post-partum Hypertension at Boston Medical Center







A 514-bed academic medical center

The largest safety net hospital in New England

Epic EHR

80% of obstetric patients on public insurance

75% are Black or Latinx

30% postpartum patients have hypertensive complication

15% of obstetric patients have housing insecurity, food insecurity or both.

## Workflow Integration is Key

Enrollment

- Unit clerk launches Rimidi in inpatient EHR, dynamic record creation in Rimidi
- Rimidi reads patient, problem, medication, allergy, immunization, observation resources
- As sign BP cuff and send home with patient

Monitoring

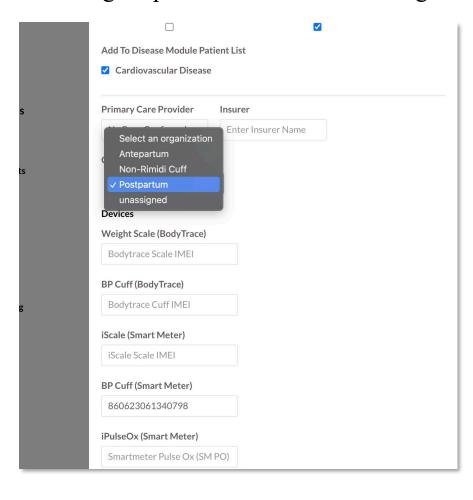
- Outpatient nurse follows up with patient to confirm appointment
- Outpatient nurse monitors patient for 6 wk with assistance of CDS and 2-way text messaging
- Automated messaging to patient for missing or extreme readings

Transparency

- Home BP readings posted to flow sheets using HL7 web services
- Providers outside of OB have access to home data and available for dot phrases in notes
- (coming soon) Note posted from Rimidi to Epic using document resource

### Configurability for Workflow Optimization

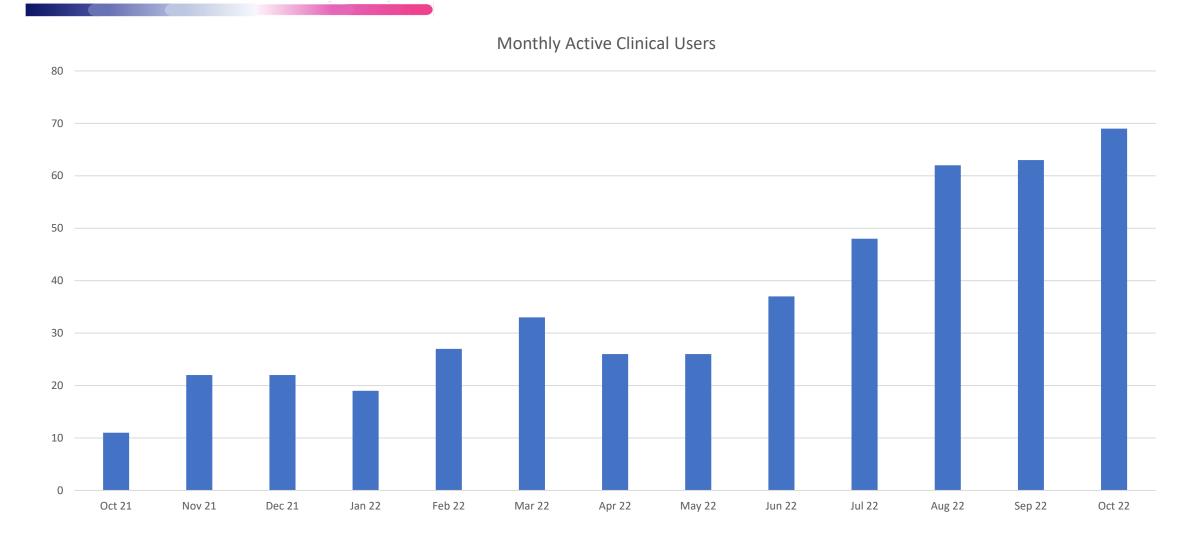
#### Patient groups streamline monitoring



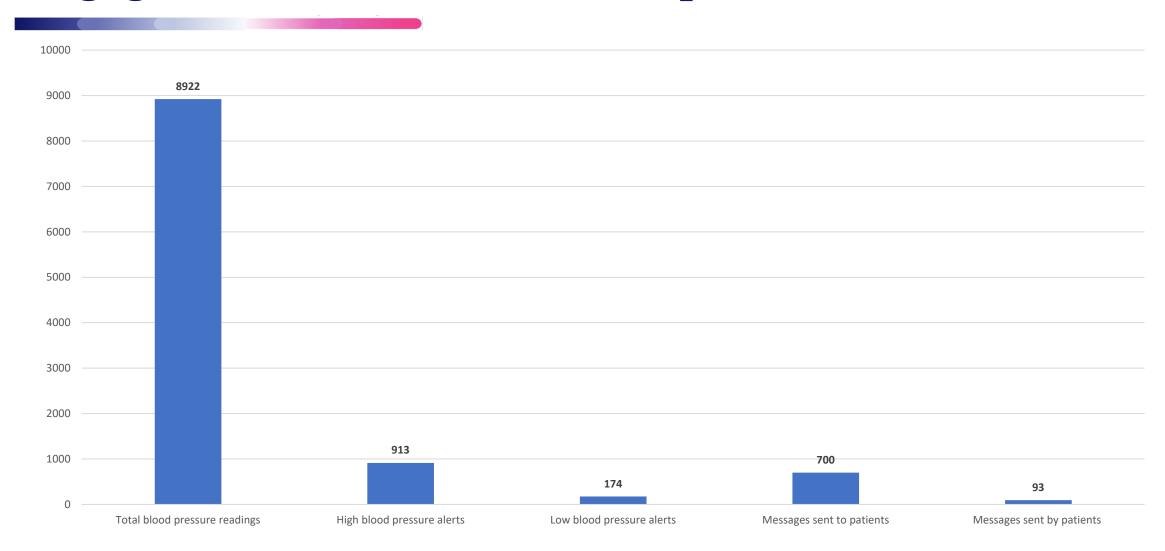
#### Configurable CDS Hooks and Alerts

- High BP Alert: Indicates a home BP reading taken in the last 3 days exceeded threshold (default is 150/100).
- Low BP Alert: Indicates a home BP reading taken in the last 3 days fell below threshold (default is 80/60).
- Missing BP readings: Indicates no home BP readings in 3 days
- **Due for discharge**: Indicates patient is postpartum has been in the program for 6 weeks
- New Message: Indicates an incoming message received from patient
- Message Undelivered: Indicates patient has an undelivered message
- Recent Discharge: Indicates patient is newly discharged and added to the platform the previous day.
- Severely Elevated BP : Indicates BP reading received greater than or equal to 160/110

# Building on Engagement and Success



## Engagement Metrics – 6 month period



### Success Measures and Publications

- √ ~99% patient participation rate
- √ 17 unique measurements from enrolled patients over 6-week enrollment
- ✓ Usage similar across racial and ethnic groups





Black women are more likely to get sick and die from pregnancy. A simple medical device could help



Abstract EP50: Implementation Of A Cloud-Connected Remote Blood Pressure Monitoring **Program During The Postpartum Period Improves Ascertainment** 

Ema Mujic, Samantha Parker and Christina Yarrington



#### **HHS Hypertension Innovator Award Competition**

Innovative methods of blood pressure monitoring and follow-up in women during pregnancy and/or postpartum



#### \$2M Grants Target Medical Research on Social Determinants of Health

The awarded institutions will use the funding to conduct medical research regarding the role of social determinants of health in hypertension outcomes of women from under-resourced populations.

## **Building on Success**

Expansion of Antepartum Hypertension and Gestational Diabetes monitoring

✓ Continuing supporting data analysis and insights

Further optimization of workflows

- ✓ Document write
- ✓ Inclusion of EDD and Delivery Date data elements

Implementation in non-Epic environments

✓ CDS Hooks support, data write-back support, available data elements

# Questions?

@lucienneide

@jointherimidi

lucie@rimidi.com

rimidi.com

