Eric Heflin Heflin Consultancy LLC

HL7FHIR Security Education Event

Quantum Computing and Healthcare Cybersecurity: A Pragmatic Perspective



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Definition and Context

New Algorithmic Attacks

Three Tracks

Risks

Defenses

Opportunities

Suggested Approach

Further Reading







Quantum Computers

- Require exotic cooling (-450 degrees F)
- High vacuum
- Electromagnetic shielding
- Requires special instruction language
- Reason for these measures: <u>Noise</u> <u>reduction</u>
- Disclosure: I'm a former IBM consultant









"Classic" Public Key Security Mechanisms

Why is Public Key Infrastructure (PKI) Secure ...

(Currently)?

PKI depends on mathematically linked public and private keys

RSA's security depends on difficulty of factorization of the private key

ECC's security depends on discrete logarithm problem solving of the private key



n = size of input, c = some constant

Example: n = 1,000 c = 4Classic effort: $4^1,000 = 1$ followed by 602 zeros! Quantum: $1,000^4 = 1$ followed by 12 zeros!

Quantum Computing

- Uses quantum mechanics to process data
- Classical computing uses bits of 0 or 1
- In quantum computing, information is stored in quantum bits, or qubits, which can exist in a superposition of both 0 and 1 at the same time
- Qubits allows quantum computers to be exponentially faster for some operations
 - Can factor large numbers in polynomial time
 - Classical computers do so in exponential time
- Quantum computing is still in its early stages
 - Not stable; noise is a significant issue
 - Small number of qbits
 - Algorithms are still actively being researched







Video: https://youtu.be/OWJCfOvochA?t=206

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Rapid Advances

Google... announced [in 2020] ... they had assembled a machine that performed a test calculation in 200 seconds, that would have taken conventional supercomputers thousands of years to accomplish.





https://swaraivamag.com/tech/honev-ive-shrunk-the-c ds-first-portable-desktop-sized-quantum-machines-a iust-usd5-000

SPINO

Honey, I've Shrunk The Quantum Computer! World's First Portable, Desktop-Sized Quantum Machines Announced

by Anand Parthasarathy -Dec 21, 2022 05:01 PM +05:30 IST A vision of the future: A classroom equipped with a quantum computer for every student, just as today's • In a pathbreaking development, a dramatic lurch towards affordable quantum Snapshot

- computing platforms has occurred.

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• Three portable quantum computing platforms have been put on sale online by Ching based SpinO Technology and Japan's Switch Science.





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Quantum-Based Attacks

- Enables New Algorithmic Attacks:
- Factorization
- Brute Force

- Quantum algorithms leverage the new physics allowing multiple simultaneous states to exist; can allow for high degree of parallel problem solving
- Shor's Algorithm (Peter Shor, MIT)
 - Solves cryptographic factorization much faster (polynomial time)
- Grover's Algorithm (Lov Grover, Cornell University)
 - Database queries
 - Brute force attacks

Known Quantum Computing Vulnerable Algorithims



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Quantum Computing: New Risks to PKI, Symmetric, Hashing

Classic asymmetric key cryptosystems are vulnerable to Quantum computers running Shore's Algorithm

- RSA, ECC, etc. can likely be broken
- One attack is called "storenow decrypt later"
- Larger key sizes are not a viable defense against quantum computing

Classic symmetric key cryptosystems are likely vulnerable to Grover's Algorithm

- Allows much faster brute force searching (square root smaller effort) for inputs that match a given hash value
- Using larger key sizes is anticipated to be a viable mitigation



Comparison of Traditional v Quantum Security

Effective Key Strength in a Quantum Computing Environment

Algorithm	Key Length	Effective Strength	
		Traditional	Quantum Computing
RSA 1024	1024 bits	80 bits	0 bits
RSA 2048	2048 bits	112 bits	0 bits
ECC-256	256 bits	128 bits	0 bits
ECC-384	384 bits	256 bits	0 bits
AES-128	128 bits	128 bits	64 bits
AES-256	256 bits	256 bits	128 bits

Image and text credit: Ramesh Nagapan, Harvard University

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Three Tracks

- 1. Classic Quantum Computing
- 2. Noise-Tolerant Quantum Computing
- 3. Breakthroughs

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Track 1: Traditional (Noiseless) Quantum Computing

- At this time, from the perspective of traditional noiseless quantum attacks against PKI purely theoretical.
- Current biggest challenge: Building a large computer that's noise-free and remains coherent.
- Most progress reports assume use of noise-free quantum computers
- As of the IBM roadmap, they currently have released a 433 qbit chip and are targeting 5,000 qubits by the end of 2024.
- According to Bruce Schneier it would take approximately 1,000,000 qbits to crack the ECC used for Bitcoin



Image: Licensed from iStockPhoto



Track 2: Noise-Tolerant Quantum Computing

 HOWEVER: In May 2022 Argonne National Lab simulated correction and use of a noisy quantum computer using Quantum Defect Embedding Theory (QDET). This, if practical, may indicate we are much closer to practical PKI attacks.

"The study improved the accuracy of calculations on quantum computers by correcting for noise introduced by quantum hardware."

> https://www.anl.gov/article/argonn e-scientists-use-quantumcomputers-to-simulate-quantummaterials

> > Copyright© Eric Heflin





Track 3: Breakthroughs

- Unpredictable breakthroughs
- Example: Argon National Labs breakthrough work on noise-tolerant quantum computing
- Global investment in quantum computing is estimated to have been \$55 billion in 2023

https://www.forbes.com/sites/sylvainduranton/2024/06/26/quantum-now/





Track 3: First Working Logical Quantum Processor Breakthrough

- Supports 48 qbits
- ... a potential turning point in the development of quantum processors.
- It demonstrates the first largescale execution of algorithms on an error-corrected quantum computer.

Sources:

- <u>https://www.basicthinking.com/harvard-researchers-present-the-worlds-first-logical-quantum-processor/</u>
- <u>https://www.nature.com/articles/s41586-023-06927-3</u>



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The pace of development relative to expectations

Other 75 8.196 An enthusiast (e.g., 132 14.296 An analyst or member An academic (e.g., researcher, professor) 329 3.100

- Academics: 43.0%
- Quantum Computing Companies: 19.4%
- Non-Quantum Companies: 13.0%
- Analysts/Press: 2.3%
- Enthusiasts: 14.2%

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• Others: 8.1% (e.g., researchers in non-profits, consultants, students)

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July 2024 Survey of 927 Quantum Professionals



Figure 9 - How does the pace of development compare to your expectations from a few years ago?

Source: https://www.quera.com/blog-posts/current-andfuture-state-of-quantum-computing

When would Quantum be Superior to Classical Computing?

We asked "When do you expect quantum to be a superior alternative to classical computing for certain workloads?":



Figure 29 - When do you expect quantum to be a superior alternative to classical computing for certain workloads?

Most respondents felt that it would be 6-10 years from today.



Source: https://www.quera.com/blog-posts/current-andfuture-state-of-quantum-computing **Definition and Context**

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Assumptions:

- 1) We take no action
- 2) We are using RSA and ECC encryption
- 3) Quantum computing become practical
- 4) Reminder: Symmetric encryption can be quantum resistant

Impact of Quantum Computing on Healthcare IT

- If we take no action (continue to use current algorithms) then...
- PKI based network communications: Become insecure
- VPN using Pre Shared Key: Likely OK
- VPN using X.509: Becomes insecure
- Encrypted e-mail: Becomes readable and untrustworthy
- Classic RSA/ECC PKI: Not trustworthy
- Digital Signatures: No longer trustworthy
- Software and Mobile App distribution: No longer trustworthy
- Cryptocurrencies: Fundamentally broken in many cases (including Bitcoin)

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Quantum Computing Defenses Post-Quantum Cryptography

- Post-Quantum or "quantum resistant" algorithms are already available for testing for free
- NIST has been driving an international competition that is nearing likely completion (genesis in the year 2015)
- Goal is to create algorithms and approaches so that classic computers can resist quantum attacks
- One promising technique is to employ multiple containers, such as multiple quantum resistant algorithms, or to use large bit size asymmetric inside quantum resistant.



Analogy: A Pipe within a Pipe





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Exploring One Solution: Post Quantum Computing Hybrid Approach for TLS

Three Steps In TLS Negotiation with QSH (Quantum Safe Hybrid)



- Enable TLS Key Negotiation with two algorithms (PQC algorithm and traditional)
- Used to transport Quantum safe component (TLS session key) between two communicating parties
- Adopting PQC algorithm as part of initial TLS handshake may thwart the exposure of TLS Session Key

Image and text credit: Ramesh Nagapan, Harvard University **Definition and Context**

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New Opportunities

- Stronger encryption methods
- Quantum key distribution protocols
- Faster cryptanalyses
- Improved authentication methods
- Enhanced machine learning algorithms, leading to better fraud detection, malware identification, and intrusion detection
- Truly random number generation
- Tamper detection observation

Image: Licensed from iStockPhoto

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When Should We Start Planning For Post Quantum?

- Michele Mosca:
- X = amount of time that we wish our data to be secure
- Y = time it will take for our computer systems to transition from classical to postquantum
- Z = time it will take for quantum computers to start breaking existing quantum-susceptible encryption protocols
 - -X + Y > Z
 - 10 years + 5 years perhaps?



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NIST Challenge

- Announced in 2015
- International competition to create viable Post Quantum crypto systems
- Initial winners announced August 2024
- Initially had 59 encryption schemes and 23 signature schemes
- Public Key Encryption finalists:
 - CRYSTALS-Kyber

 - SABER
- Three signature finalists:
 - CRYSTALS-Dilithium
 - FALCON
 - Rainbow
- Work still on-going, and is very dynamic



New: NIST Has Now Approved Post-Quantum Cryptography Standards FIPS 203, 204, 205

NIST	Search CSRC Q ECSRC MENU
Information Technology Laboratory COMPUTER SECURITY RESOURCE CENTER	
UPDATES 2024	

Announcing Approval of Three Federal Information Processing Standards (FIPS) for Post-Quantum Cryptography

August 13, 2024

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The Secretary of Commerce has approved three <u>Federal Information Processing Standards (FIPS</u>) for postquantum cryptography:

- FIPS 203, Module-Lattice-Based Key-Encapsulation Mechanism Standard
- FIPS 204, Module-Lattice-Based Digital Signature Standard
- FIPS 205, Stateless Hash-Based Digital Signature Standard

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PARENT PROJECT



Source: https://csrc.nist.gov/News/2024/postquantum-cryptography-fips-approved

OPEN QUANTUM SAFE

software for prototyping quantum-resistant cryptography

The Open Quantum Safe (OQS) project is an open-source project that aims to support the development and prototyping of quantum-resistant cryptography.

OQS consists of two main lines of work: liboqs, an open source C library for quantum-resistant cryptographic algorithms, and prototype integrations into protocols and applications, including the widely used OpenSSL library. These tools support <u>research</u> by ourselves and others.

All of our development takes place on our <u>Github</u> repositories. We welcome new contributors interested in joining our <u>team</u>. We are grateful to our financial <u>sponsors</u> and the companies who contribute in-kind developer time.

Recent updates

- July 7, 2023: Release of OQS-OpenSSL 1.1.1 snapshot 2023-07; note that this is the final release of OQS-OpenSSL 1.1.1
- July 5, 2023: Releases of liboqs-cpp 0.8.0, liboqs-go 0.8.0, and liboqs-python 0.8.0
- July 4, 2023: Release of OQS-BoringSSL snapshot 2023-06
- June 26, 2023: OQS-OpenSSH snapshot 2023-06
- June 9, 2023: Release of oqs-provider 0.5.0
- June 7, 2023: Release of liboqs version 0.8.0
- August 21, 2022: Release of liboqs version 0.7.2



Quantum Safe Project

- https://openquantumsafe.org/
- Prototypes of quantum safe:
 - OpenSSL
 - BoringSSL
 - Linux liboqa
 - TLS
 - SSH
 - X.509 certificates
 - CMS and S/MIME

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Suggested Approaches

Monitor NIST Quantum challenge results

Inventory the healthcare IT cybersecurity standards your organization relies upon

Monitor practical computing progress esp. breakthroughs and noise-tolerant implementations (Quantum Safe Project)

Identify a point where the standards you use (HL7, IHE, ANSI, NIST, etc.) are viable to update to quantum safe and then take an active role such as requesting working group support

Updated security considerations sections of business processes



Questions?



Definition and Context New Algorithmic Attacks **Three Tracks Risks** Defenses **Opportunities** Suggested HL7 Approach **Further Reading**

International





Further (Optional) Reading

- <u>https://www.nccoe.nist.gov/crypt</u> <u>o-agility-considerations-</u> <u>migrating-post-quantum-</u> <u>cryptographic-algorithms</u>
- <u>https://www.schneier.com/blog/a</u> <u>rchives/2023/05/nist-draft-</u> <u>document-on-post-quantum-</u> <u>cryptography-guidance.html</u>
- https://csrc.nist.gov/pubs/sp/180 0/38/iprd
- https://openquantumsafe.org/
- <u>https://www.sciencedaily.com/ne</u> ws/computers_math/quantum_c omputers/



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Total National Quantum Computing Investments



Estimated cumulative quantum computing investment per nation

Source: https://www.qureca.com/quantuminitiatives-worldwide/

